



POWELL WELLNESS CENTER  
Culpeper Wellness Foundation

# Group Swim Lessons

## June - July 2026 Session



Session dates  
June 16 - July 22, 2026



1 lesson per week for 6 weeks

Make-up week (in the event of cancellation): Week of July 27

### TO GET STARTED:

See reverse side to

- **Review class descriptions** for appropriate level (see qr code on reverse)
- **Review schedule** on reverse to choose a class. For returning students, our instructors will have provided staff with recommendations for registration

### TWO OPTIONS TO REGISTER:

#### IN PERSON

Visit the PWC front desk  
1005 Golf Drive, Culpeper

#### CALL

Call the PWC front desk  
540-445-5406

### Registration opens:

**Members & currently enrolled participants:** May 25

**Non member participants:**  
Beginning June 4

### Registration closes

on this date or when capacity is reached

**June 15**

**Scholarships  
available!**

540-445-5406  
1005 Golf Drive  
Culpeper, VA

**Schedule of classes  
on back!**



**Before enrolling**, please take a look at our class descriptions (online; qr code below) to help you determine which class is correct based on your child's age AND skill, particularly if your child is new to our program! If enrolled in the wrong class, we cannot guarantee a spot in the right one.

Scan the qr code to see class descriptions & full program info at <https://powellwellnesscenter.org/register-for-swim-lessons/>



<i>Class ID</i>	<i>Class Type</i>	<i>Time</i>	<i>Instructor</i>	<i>Price*</i>
<b>Tuesday</b>				
1	Parent and Child -6mos-2 years	10-10:30am	Peggy	\$90.00
2	Preschool Level 1 - 3-5 years	10:35-11:05am	Peggy	\$90.00
3	Preschool Level 2 -3-5 years	11:15-11:45am	Peggy	\$90.00
4	Preschool Level 3 3-5 years	11:50am-12:20pm	Peggy	\$90.00
5	Learn to Swim Level 1 6-13 years	4:00-4:40pm	Maggie	\$100.00
6	Learn to Swim Level 2 6-13 years	4:50pm-5:30pm	Maggie	\$100.00
7	Learn to Swim Level 3 6-13 years	5:40pm-6:20pm	Maggie	\$100.00
8	Learn to Swim Level 4 6-13 years	6:30pm-7:10pm	Maggie	\$100.00
<b>Wednesday</b>				
9	Parent and Child -6mos-2 years	10-10:30am	Peggy	\$90.00
10	Learn To Swim 1 6-13 years	10:35-11:15am	Peggy	\$100.00
11	Learn to Swim Level 2 6-13 years	11:20-12:00pm	Peggy	\$100.00
12	Learn to Swim Level 3/4 6-13 years	12:10-12:50pm	Peggy	\$100.00

\*\$10 discount/session for All Access members

**Scholarships available, please inquire!**