



POWELL WELLNESS CENTER
Culpeper Wellness Foundation

Group Swim Lessons

Spring 2026 Session



Session dates
April 20 - May 30, 2026
(no class May 25, Memorial Day)
1 lesson per week for 6 weeks



Make-up week (in the event of cancellation): Week of June 1

TO GET STARTED:

See reverse side to

- **Review class descriptions** for appropriate level (see qr code on reverse)
- **Review schedule** on reverse to choose a class. For returning students, our instructors will have provided staff with recommendations for registration

TO REGISTER:

IN PERSON

Visit the PWC front desk
1005 Golf Drive, Culpeper

CALL

Call the PWC front desk
540-445-5406

Registration opens:

Members & currently enrolled participants:
March 30 - April 8

Non member participants: Beginning April 9

Registration closes

on date listed or when capacity is reached

April 19

**Scholarships
available!**

540-445-5406
1005 Golf Drive
Culpeper, VA

**Class information
on back!**



Before enrolling, please take a look at our class descriptions (online; qr code below) to help you determine which class is correct based on your child's age AND skill, particularly if your child is new to our program! If enrolled in the wrong class, we cannot guarantee a spot in the right one.

Scan the qr code to see class descriptions & full program info at <https://powellwellnesscenter.org/register-for-swim-lessons/>



<i>Class ID</i>	<i>Class Type</i>	<i>Time</i>	<i>Instructor</i>	<i>Price*</i>
Monday				
120263	1	Preschool Level 1 - 3-5years	5:00-5:30pm	Kristie \$90.00
220263	2	Preschool Level 2 3-5 years	5:30pm-6:00pm	Kristie \$90.00
Tuesday				
320263	3	Parent and Child -6mos-2 years	10-10:30am	Peggy \$90.00
420263	4	Preschool Level 1 - 3-5 years	10:35-11:05am	Peggy \$90.00
520263	5	Preschool Level 2/3 -3-5 years	11:15-11:45am	Peggy \$90.00
620263	6	Learn to Swim Level 1/2 combo - 6-13 years	11:50am-12:30pm	Peggy \$100.00
720263	7	Learn to Swim Level 3 6-13 years	12:40-1:20pm	Peggy \$100.00
820263	8	Learn to Swim Level 1 6-13 years	4:00-4:40pm	Maggie \$100.00
920263	9	Learn to Swim Level 2 6-13 years	4:50pm-5:30pm	Maggie \$100.00
1020263	10	Learn to Swim Level 3 6-13 years	5:40pm-6:20pm	Maggie \$100.00
1120263	11	Learn to Swim Level 4 6-13 years	6:30pm-7:10pm	Maggie \$100.00
Wednesday				
1220263	12	Preschool Level 2/3 Combo -3-5 years	10:-10:30am	Peggy \$90.00
1320263	13	Preschool Level 1 - 3-5 years	10:35-11:05	Peggy \$90.00
1420263	14	Learn to Swim 1 6-13 years	4-4:30pm	Kristie \$100.00
1520263	15	Learn to Swim 2 6-13 years	4:40-5:20pm	Kristie \$100.00
Saturday				
1620263	16	Preschoo Level 1/2 Combo 3-5 years	11:25-11:55am	Josie \$90.00
1720263	17	Parent and Child- 6months- 2 years	12:00-12:30pm	Josie \$90.00
1820263	18	Preschool Level 1/2- 3-5 years	12:35-1:05pm	Josie \$90.00
1920263	19	Preschool Level 1- 3-5 years	1:10-1:40pm	Josie \$90.00
2020263	20	Learn to Swim Level 1 6-13 years	2:00-2:40pm	Josie \$100.00
2120263	21	Learn to Swim Level 2 6-13 years	2:50pm-3:30pm	Josie \$100.00
2220263	22	Learn to Swim Level 3 6-13 years	3:40pm-4:20pm	Josie \$100.00
2320263	23	Learn to Swim Level 4 6-13 years **	4:30pm -5:10pm	Josie \$100.00

*\$10 discount/session for All Access members

Scholarships available, please inquire!