



Powell Wellness Center

Group Swim Lessons

SPRING 2024

Pick a Session *Choose a session of lessons.*

Pick a Class *Choose a day/time for the appropriate level that will work for you. Check out our class descriptions to help with proper placement.*

Enroll *Take completed registration form to a front desk receptionist to enroll in the class.*

Pricing - (Scholarships Available)

Please see Aquatic Manager for Information

	Members	Non-Members
Parent & Child Preschool Levels	\$80.00	\$90.00
LTS Levels	\$90.00	\$100.00

Registration Dates

	Session 1			
Opens	Mar 8			
Closes	April 4			

Class Schedule Sessions are 1 day a week for 6 weeks. **ONLINE REGISTRATION NOW AVAILABLE**

	Session 1			
Monday	April 8-May 13			
Tuesday	April 9-May 14			
Wednesday	April 10-May 15			
Saturday	April 13-May 18			

For general questions contact: Front Desk at 540.445.5406

For placement questions contact: Stacey Aucoin at 540.445.5383 or saucoin@culpeperwellness.org

Class offerings with day, time & instructor on back!

<i>Class</i>	<i>Day</i>	<i>Time</i>	<i>Instructor</i>	<i>Location</i>	<i>S1</i>
<i>PARENT AND CHILD - 6months-3years - 30 minutes</i>					
PACC	Tuesday	10:30a-11:00a	Peggy	Pocket 1	S1
PACC	Saturday	9:00a-9:30a	Jessica	Pocket 1	S1
<i>PRE-SCHOOL LEVEL 1 - 3years-5years - 30 minutes</i>					
PSA1	Monday	4:30p - 5:00p	Jessica	Pocket 1	S1
PSA1	Tuesday	11:05a - 11:35p	Peggy	Pocket 1	S1
PSA1	Wednesday	10:30a-11:00a	Peggy	Pocket 1	S1
PSA1	Saturday	9:35a-10:05a	Jessica	Pocket 1	S1
<i>PRE-SCHOOL LEVEL 2 - 3years-5years - 30 minutes</i>					
PSA2	Monday	5:05p - 5:35p	Jessica	Pocket 1	S1
PSA2	Wednesday	11:05a - 11:35p	Peggy	Pocket 1	S1
PSA2	Saturday	10:10a-10:40a	Jessica	Pocket 1	S1
<i>PRE-SCHOOL LEVEL 3 - 3years-5years - 30 minutes</i>					
PSA3	Wednesday	5:30p-6:00p	Jessica	Pocket 1	S1
<i>PRE-SCHOOL LEVEL 2 and 3 COMBO - 3years-5years - 30 minutes</i>					
PSA2/3	Tuesday	11:40a - 12:10a	Peggy	Pocket 1	S1
<i>LEARN TO SWIM LEVEL 1 - 6years - 13years - 40 minutes</i>					
LTS1	Monday	5:40p - 6:20p	Jessica	Pocket 1	S1
LTS1	Wednesday	4:00p-4:40p	Jessica	Pocket 1	S1
LTS1	Saturday	10:50a-11:30a	Jessica	Pocket 1	S1
<i>LEARN TO SWIM LEVEL 2 - 6years - 13years - 40 minutes</i>					
LTS2	Monday	6:25p-7:05p	Jessica	Pocket 1	S1
LTS2	Wednesday	4:45p-5:25p	Jessica	Pocket 1	S1
LTS2	Saturday	11:35a-12:15p	Jessica	Pocket 1	S1
<i>LEARN TO SWIM LEVEL 1and 2 COMBO - 6years - 13years - 40 minutes</i>					
LTS1/2	Tuesday	12:15p-12:55p	Peggy	Pocket 1	S1
LTS1/2	Wednesday	11:40a-12:20p	Peggy	Pocket 1	S1
<i>LEARN TO SWIM LEVELS 3 and 4 COMBO - 6years - 13years- 40 minutes</i>					
LTS 3	Wednesday	12:30p-1:10p	Peggy	Lane 2	S1
LTS3/4	Wednesday	6:10p-6:50p	Jessica	Lane 2	S1
LTS3/4	Saturday	12:25p-1:05p	Jessica	Lane 2	S1