

**Powell Wellness Center & PATH Recreation &
Fitness Center**
Children's Access Policy (update March 2021)

We value your child's health by encouraging participation in exercise and family activities at our facilities. For the safety of your children and the comfort of all members and guests, the following guidelines have been established.

Check In

When checking into the center, the receptionist will verify a child's age and outfit the child with the appropriate wristband. These wristbands assist PWC staff in monitoring all children in the facility to ensure they are participating in the age appropriate activities outlined in this policy. Children may use the following areas of the facility as outlined below:

| | Aquatic Area and Pools (PWC) | Hot Tub (PWC) | Steam Room and Saunas (PWC) | Cardio Area (PWC & PRFC) | Strength Area (PWC & PRFC) | Group Exercise Classes (PWC & PRFC) | Cycling (PWC) & Yoga Classes (PWC & PRFC) | Café (PWC) & Lobby Areas (PWC & PRFC) |
|-------------------------------------|--|----------------------|------------------------------------|--|--|--|--|--|
| Ages 6 and under | No-only during *Family Swim, Swim Lessons or Aquatic Physical Therapy | NO | NO | NO | NO | NO | NO | NO - Only when a parent or guardian (18 or older) is seated with the child |
| Ages 7-9 (Green wrist band) | No-only during *Family Swim, Swim Lessons or Aquatic Physical Therapy | NO | NO | **YES - must be within arm's reach of parent or guardian (18 or older) | **YES - must be within arm's reach of parent or guardian (18 or older) | NO- unless it is a children's exercise class | NO | YES - must be in the line of sight of parent or guardian (18 or older) |
| Ages 10-15 (Blue wrist band) | **Yes- for exercise purposes only. must be in the line of sight of parent or guardian (18 or older).Swim Assessment may be required. | NO | NO | YES - must be in the line of sight of parent or guardian (18 or older) | YES - must be in the line of sight of parent or guardian (18 or older) | YES - must participate with a parent or guardian (18 or older) | **YES - must be within arm's reach of parent or guardian (18 or older) | YES - with a parent or guardian (18 or older) in the building. No drop offs, please. |
| Ages 16-17 | YES - also during Aquatic Group Exercise Classes | Yes | No | Yes | Yes | Yes | Yes | Yes |
| Ages 18 and above | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |

*During Family Swim times, children under the age of 10 must be supervised by a parent or a guardian (18 or older) who is keeping the child within arm's reach. Children ages 10 to 15 must be supervised by a parent or guardian (18 or older) who is in the Aquatic Area and maintains line of sight.

** At the discretion of management and can be changed on a case by case basis to maintain member safety. Privileges may be revoked if deemed necessary.

Locker Rooms

If you are with a child of the opposite sex who is over the age of 4, you **must** utilize the **Family Locker Room**. For your child's safety, children under the age of 10 are not permitted to be in their own gender appropriate locker room without a gender appropriate parent or guardian (18 or older) accompanying them.