

PATH Recreation & Fitness Center <u>POWELL WELLNESS CENTER</u> *Culpeper Wellness Foundation* 



Staff Use Only $\Box$	Activity or program 🗌 PT Guest 🛛	Family Swim 🗌 One Day 🗌 Hotel Pass
# visits	Paid \$ Cash/Check/CC Compete Da	ate Exp Date Staff Initials
guest name:		
address:		
city, state, zip:		
phone:		
email:		
date redeemed:		
authorized by:		

## This pass entitles bearer to full facility privileges at Powell Wellness Center OR PATH Recreation & Fitness Center.

In agreeing to participate in membership activity at Powell Wellness Center OR PATH Recreation & Fitness Center, I affirm that my general health is good, that I am not adversely affected by exercise and that I am capable of performing exercise of a vigorous nature. I am aware of the possibility of accidental or physical injury during exercise programs.

In consideration of participating at Powell Wellness Center OR PATH Recreation & Fitness Center, I agree to assume all risks of injury and will hold harmless from any and all liability, actions and demands of every kind and nature whatsoever which I now have or which may arise of or in connection with any participation in activities arranged by Powell Wellness Center OR PATH Recreation & Fitness Center, its employees and staff. These terms will serve as a release and assumption of risk for my heirs, executors and administrators for all members of my family including any minors.

I have read this agreement and understand the exercise in which I will be engaged. I have agreed to the conditions stated above.

## signature

emergency contact name

## IF UNDER 18 - parent/guardian printed name

YES NO 1. Has your physician ever told you that you have a heart condition?
YES NO 2. Do you experience pain in your chest when are physically active?
YES NO 3. In the past month, have you experienced chest pain when not performing physical activty?
YES NO 4. Do you lose balance because of dizziness or do you ever lose consciousness?
YES NO 5. Do you have a bone/joint problem that could be aggravated by change in physical activity?
YES NO 6. Is your physician currently prescribing medications for a blood pressure or heart condition?
YES NO 7. Do you know of any other reason why should not participate in physical activity?



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date of birth

phone

signature