

## Powell Wellness Center Children’s Access Policy

The Powell Wellness Center values your child’s health by encouraging participation in exercise and family activities here at our facility. For the safety of your children and the comfort of all members and guests, the following guidelines have been established.

### Check In:

When checking into the center, the receptionist will verify a child’s age and outfit the child with the appropriate wristband. These wristbands assist PWC staff in monitoring all children in the facility to ensure they are participating in the age appropriate activities outlined in this policy. Children may use the following areas of the facility as outlined below:

	<b>Aquatic Area and Pools</b>	<b>Hot Tub</b>	<b>Steam Room and Sauna</b>	<b>Cardio Area</b>	<b>Strength Area</b>	<b>Group Exercise Classes</b>	<b>Body Pump, Cycling and Yoga Classes</b>	<b>Café and Lobby Areas</b>
<b>Ages 9 and under</b>	NO - only during *Family Swim, Swim Lessons or Aquatic Physical Therapy	NO	NO	NO	NO	NO	NO	NO - Only when a parent or guardian (18 or older) is seated with the child
<b>Ages 10 to 12</b> <i>(Green Wrist Band)</i>	NO - only during *Family Swim, Swim Lessons or Aquatic Physical Therapy	NO	NO	YES - must be in the line of sight of parent or guardian (18 or older)	YES - must be within arm’s reach of parent or guardian (18 or older)	YES - must be within arm’s reach of parent or guardian (18 or older)	NO	YES - must be in the line of sight of a parent or guardian (18 or older)
<b>Ages 13 to 15</b> <i>(Blue Wrist Band)</i>	NO- only during *Family Swim, Swim Lessons or Aquatic Physical Therapy	NO	NO	YES – with a parent or guardian (18 or older)in the building. No drop – offs, please.	YES – with a parent or guardian (18 or older) in the building. No drop – offs, please.	YES - must be within arm’s reach of a parent or guardian (18 or older)	YES - must be within arm’s reach of a parent or guardian (18 or older)	YES – with a parent or guardian (18 or older) in the building. No drop – offs, please.
<b>Ages 16 to 17</b>	YES – also during Aquatic Group Exercise classes	YES	NO	YES	YES	YES	YES	YES
<b>Ages 18 and above</b>	YES	YES	YES	YES	YES	YES	YES	YES

**\* During Family Swim Times, children under the age of 10 must be supervised by a parent or guardian (18 or older) who is keeping the child in their line of sight. Children ages 10 to 15 must be supervised by a parent or guardian (18 or older) who is in the Aquatic Area.**

### Locker Rooms

If you are with a child of the opposite sex who is over the age of 4, you ***must*** utilize the **Family Locker Room**. For your child’s safety, children under the age of 10 are ***not*** permitted to use their gender appropriate locker room without a gender appropriate parent or guardian (18 or older) accompanying them.